



ST CHRISTOPHER'S SIXTH FORM  
**BTEC PERFORMING ARTS**  
**BRIDGING UNIT**



# BTEC Performing Arts

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## What will you study?

Are you passionate about acting, dance, or musical theatre? The BTEC Level 3 National Extended Certificate in Performing Arts is an expressive, practical course that gives you the opportunity to develop your skills as a performer while gaining an industry-recognised qualification equivalent to one A Level. Across Years 12 and 13, you will study the following units:

### **Unit 1: Investigating Practitioners' Work**

Explore the work of influential performing arts practitioners. You'll develop research and analytical skills, evaluate different styles and genres, and learn how professionals use performance to communicate themes and ideas.

### **Unit 2: Developing Skills and Techniques for Live Performance**

Take part in practical workshops to build your technical performance skills in at least two styles (e.g. acting, dance, musical theatre). You'll focus on rehearsing, performing, and developing the discipline needed for live performance.

### **Unit 3: Group Performance Workshop**

Work collaboratively to create original performance material in response to a given theme or stimulus. You'll use your creative, vocal, and physical skills to devise and present a group performance, reflecting on both the process and the final piece.

### **Unit 4: Optional Unit**

Choose from a range of exciting options to refine your skills in a specific area of interest such as contemporary dance, musical theatre, acting styles, classical text, jazz dance, or improvisation.

This course is ideal for students who enjoy performing, collaborating, and exploring the creative process. It prepares you for further study or a career in the performing arts industry. Whether you see your future on stage, behind the scenes, or in creative leadership, this qualification gives you a strong foundation to succeed.

For more information about this course, go to:

<https://qualifications.pearson.com/en/qualifications/btec-nationals/performing-arts-2016.html>

## Recommended reading and resources:

- The Guardian Online (Stage section)
- Revise BTEC National Performing Arts Revision Guide (free online edition)
- Matthew Bourne's New Adventures website
- The Stage
- WhatsOnStage
- The Theatre Times

## Performing Arts Tasks

**Choose a drama or dance practitioner from the list below:**

- Konstantin Stanislavski
- Bertolt Brecht
- Frantic Assembly
- DV8
- Paper Birds
- Matthew Bourne
- Alvin Ailey
- Antonin Artaud

**Research into your chosen practitioner by covering the following:**

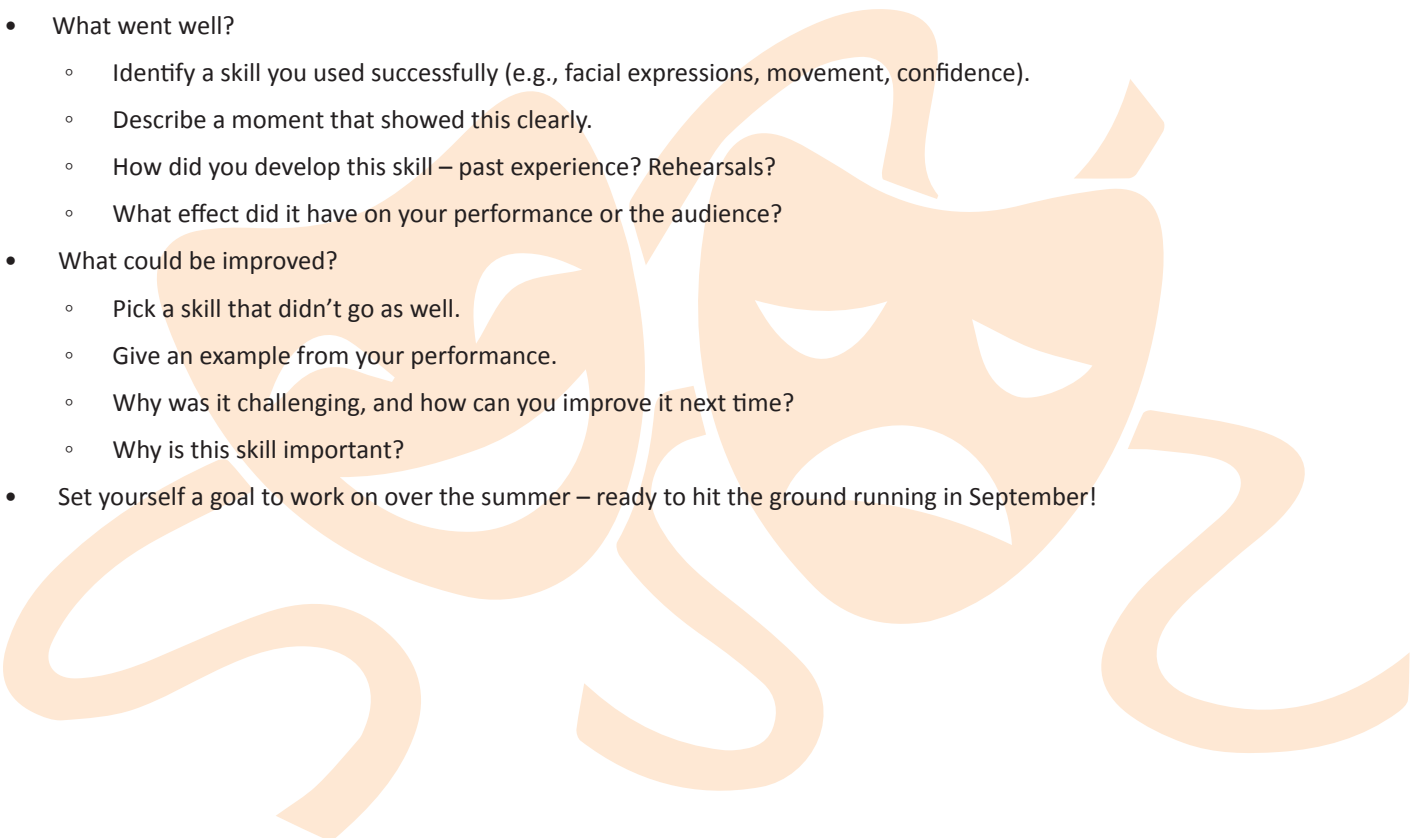
- Who is the practitioner and what is their background?
- What are some key works they have created?
- What is their style or approach to theatre/dance?
- How do they create and rehearse their work?
- How have they influenced or changed theatre?

**What have you planned for the summer holidays? Could you go to a show? Play? Dance Show? Try to go to a musical, play or some kind of dance performance. Then, write a review of the performance as if you were a newspaper critic writing for The Guardian Stage section! In your review include:**

- What did you see and why?
- What was the performance about?
- What did you think of the performance?
- Who / what stood out?
- What would you have done differently?

**Think back to your most recent performance – in school or a club – and reflect on how you performed.**

- What went well?
  - Identify a skill you used successfully (e.g., facial expressions, movement, confidence).
  - Describe a moment that showed this clearly.
  - How did you develop this skill – past experience? Rehearsals?
  - What effect did it have on your performance or the audience?
- What could be improved?
  - Pick a skill that didn't go as well.
  - Give an example from your performance.
  - Why was it challenging, and how can you improve it next time?
  - Why is this skill important?
- Set yourself a goal to work on over the summer – ready to hit the ground running in September!





**“For I know the plans I have for you,” declares the Lord,  
“plans to prosper you and not to harm you,  
plans to give you hope and a future.”**

Jeremiah 29:11

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