

# QUEST Award

## QUESTions for Mini Projects

Question Write Explore Sport The Arts

1. 'Where did we come from?' 'What is the purpose of my life?' 'How can I be forgiven for the bad things I have done?' These are examples of what are called ultimate questions. Can you come up with three more?
2. Do three random acts of kindness for other people in such a way that they would never know it was you. Write down what you did.
3. Look up at the night sky on a starry night and then write down five questions that come to mind.
4. Write a prayer/poem expressing your gratitude for the people who you care about in your life.
5. Draw a picture of how you saw God when you were five years old. How does that compare to now? Now draw a picture of how you might see God aged 25? Write down your thoughts on why you have drawn the pictures the way you have.
6. Make a contribution to your local Food Bank, and research the work that they do.
7. Find four helpful Bible references on a topic of your choice. Use: [www.biblegateway.com](http://www.biblegateway.com)
8. Pray for a friend and then tell/message them that you did it so that they feel encouraged.
9. List all the things you are thankful for in your life.
10. Attend a Sunday morning church service (online) at a church that you've never been to before. Write down your thoughts about what it was like?

