



# ST. CHRISTOPHER'S C.E. HIGH SCHOOL

A Church of England Academy

Headmaster: R.D. Jones

## **Duke of Edinburgh's Award (Gold level)**

**Training Day – Sunday 17<sup>th</sup> May 2026**



Dear parent,

As part of their Expedition preparation, students need to attend an Expedition training day which will take place in Sixth Form on **Sunday 17<sup>th</sup> May 2026** between **09:00 and 13:30**. This day will provide students with essential skills needed during the Expedition and the opportunity to practice them under the supervision of group leaders.

The day will consist of three sessions, on a carousel rotation:

- ✓ Menu planning and cooking on a Trangia.
- ✓ First Aid.
- ✓ Kit check (Putting up and packing away tents, packing and safely carrying a rucksack).

The day will finish with the Expedition briefing for their Gold DofE Practice Expedition in the Lake District which takes place from the 5<sup>th</sup> – 9<sup>th</sup> June.

For this training day, students should attend in warm, comfortable clothing and appropriate footwear, although this does not need to be their walking gear. They will also need to bring a packed lunch.

This training day is particularly vital to develop pupils' skills and ensure their safety during the Expedition. Pupils being adequately trained forms an essential part of our risk assessment and non-attendance may affect their ability to complete the Award. For emergencies during this activity, staff can be contacted on the following number: **07391 750015**.

Thank you for your continued support.

Miss D Sutton ▪ Mr W McManus

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