

The background is a solid light green color with a pattern of white butterfly silhouettes scattered across it. The butterflies vary in size and orientation, some appearing to fly towards the viewer and others away.

Duke of Edinburgh's Award

Gold Practice Expedition

Friday 5th June (15:00) – Tuesday 9th June (17:00)

Friday 5th June

- Come to school in own clothes
- Bring DofE kit for the weekend. Store on The Balcony
- At 14:15, collect rucksacks and meet in The Hub
- 15:00 departure from Sixth Form by minibus
- 17:00 chippy tea in Ambleside (provided by school)
- 18:00 overnight camp at [BaysBrown Farm Campsite](#)

Saturday 6th June

- Walk from the campsite, up Stickle Ghyll to Stickle Tarn.
- Morning: micro-navigation
- Packed lunch
- Afternoon: mountain orientation, Pavey Ark climb (3-4 hours, day bags only). Walking as a single group or 2/3 smaller.

Saturday 6th June

Pavey Ark




Stickle Tarn

Sunday 7th June

- Start of Expedition proper.
- Day bags, extra clothing, trainers etc left on minibuses. All other expedition kit must be carried.
- Walking in Expedition groups with an instructor.
- BaysBrown – wild camp.
- Wild camp as a single group.

Wild Camping

| Good or bad? | |
|--------------------------------------|---|
| Camping next to a drystone wall |  |
| Camping under a tree |  |
| Camping close to a water supply |  |
| Camping on a hillside |  |
| Camping by a tarn side |  |
| Camping in bracken |  |
| Camping on the leeward side |  |
| All groups tents close together |  |
| Leaving rubbish outside of your tent |  |

- Collect water from upstream of all habitation and don't drink untreated water from farmland with intensive livestock around
- Collect from a source of running water with a reasonable volume
- Boil the water before drinking or use sterilising tablets, solutions or filters
- Always wash vegetables and salads in boiled water
- Don't be casual about toilet functions – do it away from water sources and camping areas. See the Mountaineering Scotland advice leaflet on sanitation **Where to 'GO' in the Great Outdoors**
- <https://www.mountaineering.scot/safety-and-skills/health-and-hygiene/camping-hygiene>

Ticks and Lyme Disease



Monday 8th June

- Wild camp – BaysBrown Campsite.

Tuesday 9th June

- BaysBrown Campsite – finish point at Coniston Boating Centre.
- Return to Sixth Form by minibus.

The background is a solid light green color with a pattern of white butterfly silhouettes scattered across it. The butterflies are of various sizes and orientations, some appearing more prominent than others.

Food

Kit

Weather

Behaviour

- As this is a school trip all school policies and procedures will apply.
- Speakers are a non-essential item, please don't bring them. You also should not be listening to music when walking, with or without earphones.
- Banned items: e-cigs, cigarettes, drugs, alcohol.
- Follow the Countryside Code.

Human influence

Drystone walls
Footpath erosion
Quarrying
Animal
management
Tourism Brochure

Media

Video journal
Advert
Video Event
Scrapbook
DofE A-Z

TV shows

Big Brother
... Get me out of
here
Masterchef/Come
Dine with Me
Other
gameshows

History

Stately Homes
History of the area

**DofE
Expedition
Team Goal**

Art

Sketching
Painting
Photography
Textiles

Other ideas

Olympic events
Song/Karaoke