



Duke of Edinburgh's Award

Gold Qualifying Expedition

Friday 11th September (15:00) – Tuesday 15th September (17:00)

Friday 11th September

- Come to school in own clothes
- Bring DofE kit for the weekend. Store neatly on The Balcony.
- At 14:15, collect rucksacks and meet in The Hub
- 14:45 departure from Sixth Form by coach
- 16:30 stop for tea at [Gateway Services](#)
- 18:30 overnight camp at [Llechrwyd Campsite](#)

Saturday 12th September

- Navigate in Expedition groups from Maentwrog to [Cae Adda campsite](#) for an overnight camp.

Sunday 13th September

- Navigate in Expedition groups from Cae Adda Llyn Cwm Bychan for a wild camp.

Monday 14th September

- Wild camp to [Rhaeadr Nantcol.](#)

Tuesday 15th September

- Rhaeadr Nantcol to finish point in Talsarnau.
- Return to Sixth Form by minibus.

Wild Camping

- Collect water from upstream of all habitation and don't drink untreated water from farmland with intensive livestock around
- Collect from a source of running water with a reasonable volume
- Boil the water before drinking or use sterilising tablets, solutions or filters
- Always wash vegetables and salads in boiled water
- Don't be casual about toilet functions – do it away from water sources and camping areas. See the Mountaineering Scotland advice leaflet on sanitation [Where to 'GO' in the Great Outdoors](#)
- <https://www.mountaineering.scot/safety-and-skills/health-and-hygiene/camping-hygiene>

Ticks and Lyme Disease



The background is a solid green gradient, lighter at the top and darker at the bottom. It is decorated with numerous white butterfly silhouettes of various sizes and orientations, scattered across the entire frame.

Food

Kit

Weather

Behaviour

- As this is a school trip all school policies and procedures will apply.
- Phones should be in flight mode.
- You should not be listening to music when walking, with or without earphones. Speakers are an unnecessary item.
- Banned items: e-cigs, cigarettes, drugs, alcohol.
- Follow the Countryside Code.

Emergency Procedures

- You will be remotely supervised for much of this Qualifying weekend in areas where phone signal may be intermittent.
- Try to ring or text the school mobile number: **07792 037997**.
- Use your radios to make contact.
- Danger to life: contact emergency services on 999. Essential that you are able to give an accurate location using a six figure grid reference.

OS Locate:



[Android](#) / [Apple](#)

Human influence

Drystone walls
Footpath erosion
Quarrying
Animal
management
Tourism Brochure

Media

Video journal
Advert
Video Event
Scrapbook
DofE A-Z

TV shows

Big Brother
... Get me out of
here
Masterchef/Come
Dine with Me
Other
gameshows

DofE Expedition Aim

History

Stately Homes
History of the area

Art

Sketching
Painting
Photography
Textiles

Other ideas

Olympic events
Song/Karaoke