# Duke of Edinburgh's Award

#### Gold Qualifying Expedition

Friday 12<sup>th</sup> September (15:00) – Tuesday 16<sup>th</sup> September (17:00)

### Friday 12<sup>th</sup> September

- Come to school in own clothes
- Bring DofE kit for the weekend. Store neatly on The Balcony.
- At 14:15, collect rucksacks and meet in The Hub
- 14:45 departure from Sixth Form by coach
- 16:30 stop for tea at Gateway Services
  - 18:30 overnight camp at <u>Llechrwyd Campsite</u>

# Saturday 13<sup>th</sup> September

Group A (T1 and Seven Dwarves)

 Transport by minibus to start point at Talsarnau and navigate in Expedition groups to <u>Rhaeadr Nantcol</u> <u>Waterfalls campsite</u> for an overnight camp.

Group B (Dark Knight and Musketeers)

 Navigate in Expedition groups from Maentwrog to <u>Cae Adda campsite</u> for an overnight camp.

### Sunday 14th September

 Navigate in Expedition groups from Cae Adda or Rhaeadr Nantcol to Llyn Cwm Bychan for a wild camp.

# Monday 15<sup>th</sup> September

Group A (T1 and Seven Dwarves)

- Wild camp to Cae Adda.

Group B (Dark Knight and Musketeers)

- Wild camp to Rhaeadr Nantcol.

### Tuesday 16<sup>th</sup> September

Group A (T1 and Seven Dwarves)

- Cae Adda to finish point in Llan Festiniog.

Group B (Dark Knight and Musketeers)

- Rhaeadr Nantcol to finish point in Talsarnau.

- Return to Sixth Form by minibus.



- Collect water from upstream of all habitation and don't drink untreated water from farmland with intensive livestock around
- Collect from a source of running water with a reasonable volume
- Boil the water before drinking or use sterilising tablets, solutions or filters
- Always wash vegetables and salads in boiled water
- Don't be casual about toilet functions do it away from water sources and camping areas. See the Mountaineering Scotland advice leaflet on sanitation <a href="Where to 'GO' in the Great">Where to 'GO' in the Great</a>
  Outdoors
  - https://www.mountaineering.scot/safety-and-skills/healthand-hygiene/camping-hygiene





#### Behaviour

- As this is a school trip all school policies and procedures will apply.
- You should not be listening to music when walking, with or without earphones. Speakers are an unnecessary item.
- Banned items: e-cigs, cigarettes, drugs, alcohol.
- Follow the Countryside Code.

#### **Emergency Procedures**

- You will be remotely supervised for much of this Qualifying weekend in areas where phone signal may be intermittent.
- Try to ring or text the school mobile number: **07391 750015**.
- Use your radios to make contact.
- Danger to life: contact emergency services on 999. Essential that you are able to give an accurate location using a six figure grid reference.

OS Locate: Android / Apple

