Duke of Edinburgh's Award

Gold Qualifying Expedition

Friday 15th September (15:00) – Tuesday 19th September (17:00)

Friday 15th September

- Come to school in own clothes
- Bring DofE kit for the weekend. Store at The front of The Lecture Theatre
- At 14:15, collect rucksacks and meet in The Hub
- 15:00 departure from Sixth Form by minibus
- 17:00 stop for tea at Gateway Services
 - 18:00 overnight camp at <u>Llechrwyd Campsite</u>

Saturday 16th September

- Navigate in Expedition groups from Maentwrog to Cae Adda campsite for an overnight camp.

Sunday 17th September

Navigate in Expedition groups from Cae Adda to Llyn
 Cwm Bychan for a wild camp.

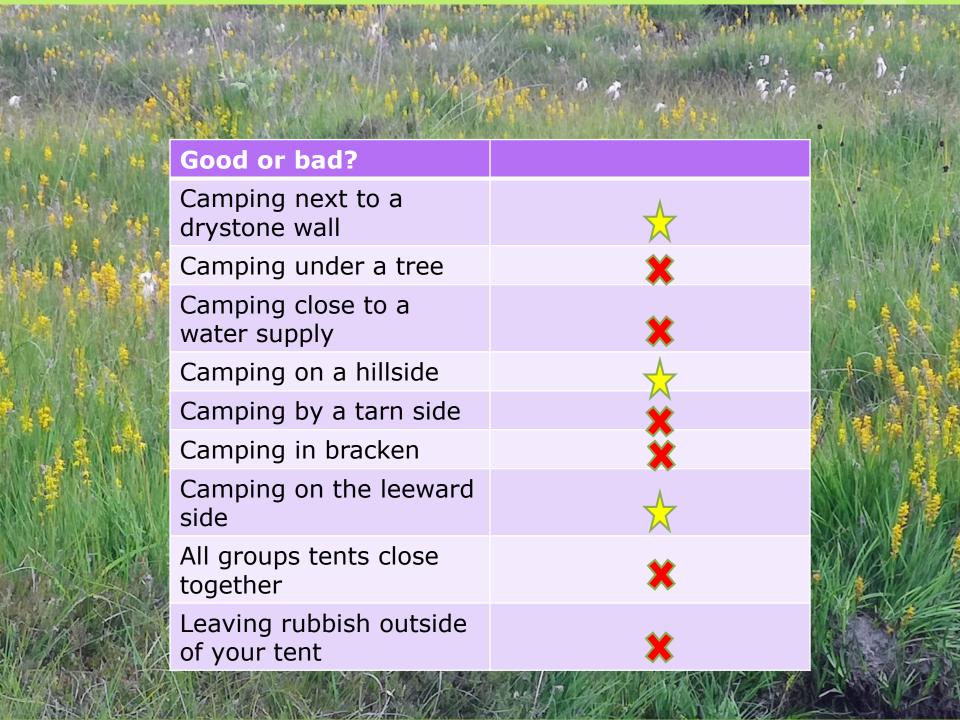
Monday 18th September

- Navigate in Expedition groups from Cwm Bychan to Rhaeadr Nantcol Waterfalls campsite for an overnight camp.

Tuesday 19th September

- Navigate in Expedition groups from Rhaeadr Nantcol
 Waterfalls to finish points in either Harlech or Talsarnau.
- Return to Sixth Form by school minibus.





- Collect water from upstream of all habitation and don't drink untreated water from farmland with intensive livestock around
- Collect from a source of running water with a reasonable volume
- Boil the water before drinking or use sterilising tablets, solutions or filters
- Always wash vegetables and salads in boiled water
- Don't be casual about toilet functions do it away from water sources and camping areas. See the Mountaineering Scotland advice leaflet on sanitation Where to 'GO' in the Great
 Outdoors
 - https://www.mountaineering.scot/safety-and-skills/health-and-hygiene/camping-hygiene





Behaviour

- As this is a school trip all school policies and procedures will apply.
- You may bring a speaker for use at the campsites but you should not be listening to music when walking, with or without earphones.
- Banned items: e-cigs, cigarettes, drugs, alcohol.
 - Follow the Countryside Code.

Emergency Procedures

- You will be remotely supervised for much of this Qualifying weekend in areas where phone signal may be intermittent.
- Try to ring or text the school mobile number: **07391 750015**.
- Use your radios to make contact.
- Danger to life: contact emergency services. Essential that you are able to give an accurate location using a six figure grid reference.

