

**The Quality of Education:
Personal, Social, Health and Economic Education -
Purpose and Provision**



St Christopher's:
A Church of England Academy

That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither-
whatever they do prospers.

Psalm 1:3

The Purpose of Study

Learning in PSHEE promotes wellbeing and enables pupils to navigate what can be a risky and complex world. Pupils develop the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work under the main themes of Health and Wellbeing, Relationships and Living in the Wider World. When delivered well, PSHEE education has an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged. A high quality PSHEE programme covers economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk. It should equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

We believe that relationships and sex education is important for our pupils and our school because it involves learning about emotional, social and physical development. RSE involves developing skills and forming positive beliefs, values and attitudes. High quality relationships and sex education creates a safe school community in which pupils can learn, grow and develop positive, healthy behaviour. Relationships and sex education is an entitlement for all pupils. It aims to enhance the self-worth and confidence of each individual and encourage mutually respectful relationships. Good quality RSE encourages empathy towards others, subsequently supporting pupils in making positive life choices.

Complementing the School Purpose

We are committed to providing high quality PSHEE. Our curriculum closely follows the guidance issued by the PSHEE Association and it is underpinned by the Christian ethos of the School. We help our pupils to understand the importance of stable and loving relationships, respect, love, care, family life and marriage.

PSHEE encompasses elements of the Citizenship curriculum and places the health and wellbeing of our pupils at the top of the agenda. The PSHEE curriculum promotes the fundamental British Values through discrete lessons which are taught across years 7 to 11.

We intend that PSHEE will help to support our pupils in their journey to becoming healthy, independent, resilient and responsible members of our society. This complements the school purposes of knowing what it is to be fully alive and learning to live well together.

Foundation Scripture

The teaching of PSHEE encourages all to 'prosper'. Through exploring the key themes within PSHEE it is hoped that our pupils will have the confidence to question and flourish.

“We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.”

Romans 12:6–8

“Do not judge with appearances, but judge with right judgement.”

John 7:24

Key Themes

Pupils are enabled to develop skills and attributes such as resilience, self-esteem, risk management, team working and critical thinking in the context of three core themes: Health and Wellbeing, Relationships and Living in the Wider World.

Christian Virtues

Teaching in PSHEE complements Christian virtues, through exploring the key themes in PSHEE of health, wellbeing, relationships and the wider world it is impossible not to think closely about trust, justice and friendship.

The promotion of Christian virtues is also evident in the classroom. We hope that all pupils will learn to thrive whilst promoting tolerance of different lifestyles and viewpoints and respectful attitudes to others. Each year commences with the establishment of ground rules, facilitating an environment where pupils may express themselves safely, in confidence and without ridicule.

Curriculum Aims

We closely follow the programmes of study provided by the PSHEE Association. A distinction is made between the topics covered in KS3 and KS4, showing age appropriate lesson content with particular regard to relationships, health and wellbeing. Knowledge and understanding is built upon as pupils move through the school, in the same way as other curriculum disciplines. We endeavour to enable our pupils to become more resilient and improve their own self-esteem, risk management, teamwork and critical thinking through relevant topic content and challenging learning activities.

Teaching and learning in PSHEE focuses on the core elements of health and well-being, relationships and living in the wider world. Pupils are taught discrete citizenship lessons covering the law, democracy and fundamental values of British society.

The key themes at KS3 and KS4:

- Emotional wellbeing
- Respectful relationships
- Online safety and media
- Being safe
- Being healthy

Complementing the School Provision

Day to day teaching in PSHEE encompasses a wide variety of teaching approaches. Safe learning environments are sought where pupils are able to feel comfortable. The PSHEE lead also facilitates St. Christopher's LGBT+ group supporting our pupils in an informal weekly drop in session. Reading is promoted within lessons using various stimuli and there are numerous opportunities to develop oracy skills throughout discussions. PSHEE is delivered so that the needs of all pupils are met and pupils build the skills and knowledge which will help them to prepare for adult life.

Ad Gloriam Dei

To the Glory of God



 Queens Road West
Accrington
Lancashire
BB5 4AY

 01254 232 992
 01254 355 215

 www.st-christophers.org

