



ST CHRISTOPHER'S

A CHURCH OF ENGLAND ACADEMY

Trainer Buying Guide

Appropriate footwear is essential for physical education lessons at St Christopher's. Trainers provide support and stability to engage in physical education lessons. The sole should be flexible and provide cushioning in the heel and mid-sole, offer good traction and be of a non-marking nature. Trainer colours should be predominately black or white.

Inappropriate Trainers:



Appropriate Trainers:

