

The Quality of Education:
**Personal, Social, Health and Economic Education -
Curriculum Map**



St Christopher's:
A Church of England Academy

Personal, Social, Health and Economic Education - Curriculum Map

Key Stage 3:

Pupils in Years 7 – 11 have one timetabled lesson of PSHEE per fortnight. At the start of each academic year, pupils discuss ground rules for PSHEE lessons and re-visit British Values.

Year	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
7	<ul style="list-style-type: none"> Transition; Dealing with Change Travel Safety 	<ul style="list-style-type: none"> Self-awareness Relationships and Friendships Self-awareness Emotional Well-being 	<ul style="list-style-type: none"> Bullying, including Cyber-bullying Be Safe in Cyber Space 	<ul style="list-style-type: none"> Health and Fitness Personal Hygiene and Body Change Let's Talk About Periods 	<ul style="list-style-type: none"> Puberty Problem Page Citizenship and Stereotypes Class Debates 	<ul style="list-style-type: none"> Money and Finance My Dream Life Budgeting
8	<ul style="list-style-type: none"> Caffeine, Smoking and Alcohol Energy Drinks 	<ul style="list-style-type: none"> Social Media; Staying Safe Online Deciding what to Watch 	<ul style="list-style-type: none"> Relationships in the Media Media and Sex 	<ul style="list-style-type: none"> Managing Challenging Content 	<ul style="list-style-type: none"> Emotional Well-being Children's Rights Rights and Responsibilities 	<ul style="list-style-type: none"> Criminal Justice System Unicef Life Saving
9	<ul style="list-style-type: none"> Racism Respecting Differences Asylum Seekers 	<ul style="list-style-type: none"> Prevent; Combating the Far Right Extremism 	<ul style="list-style-type: none"> Options Choices Dealing with Change Emotional Well-being 	<ul style="list-style-type: none"> Puberty recap Respectful Relationships Different Types of Relationships 	<ul style="list-style-type: none"> Gender Identity Sexting Revenge Porn 	<ul style="list-style-type: none"> Sexually Transmitted Infections and Contraception Abusive Relationships The First Time

Key Stage 4:

Year	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
10	<ul style="list-style-type: none"> Drug and Alcohol Education 	<ul style="list-style-type: none"> Legal Highs Knife Crime 	<ul style="list-style-type: none"> Work Experience Preparation; Interview Technique, Health & Safety <i>in the Workplace</i> 	<ul style="list-style-type: none"> Record of Achievement; Key Skills 	<ul style="list-style-type: none"> Emotional Well-being Self-esteem and Body Image Eating Disorders 	<ul style="list-style-type: none"> Self-harm Online Safety and Grooming
11	<ul style="list-style-type: none"> Money and Finance Record of Achievement; CVs and Personal Statements 	<ul style="list-style-type: none"> Post-16 Employability Applications Interview Preparation 	<ul style="list-style-type: none"> Consent Planet Porn Sexuality FIT 	<ul style="list-style-type: none"> Parenting Transition; Leaving School 	<ul style="list-style-type: none"> Revision Techniques Rise Above Exam Stress 	

Key Stage 5: Year 12

In the Sixth Form, PSHEE is delivered during tutorial time.

Year	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
12	<ul style="list-style-type: none"> • Enrichment Choices • Developing a Positive Mindset • Building Confidence • We Are What We Do 	<ul style="list-style-type: none"> • Creating New Habits • Mental Health and Self-care • Alcohol and Drugs • Sexual Health 	<ul style="list-style-type: none"> • New Year Resolutions • Sleep Problems • Online Safety • Cyber-bullying • Revision Technique 	<ul style="list-style-type: none"> • Next Steps • Mental Health and Self-care 	<ul style="list-style-type: none"> • Reflection • Coping with Exam Stress • Safe Drive; Stay Alive 	<ul style="list-style-type: none"> • Personal Statements • Work Experience • Mental Health Awareness
13	<ul style="list-style-type: none"> • Personal Statements • Building Confidence • We Are What We Do 	<ul style="list-style-type: none"> • Reflection and Target Setting • Student Finance • Alcohol and Drugs • Sexual Health 	<ul style="list-style-type: none"> • Reflection and Target Setting • Student Finance • Sleep Problems 	<ul style="list-style-type: none"> • Budgeting and Debt Management • Coping with Exam Stress • The Effects of Social Media 	<ul style="list-style-type: none"> • Student Voice • Mental Health Awareness 	